

## **Counsellor / Therapist / Psychologist Placements**

**Role title:**Counsellor/Therapist/Psychologist Placements **Reports to:**Associate Director of Quality and Education

**Location:** Remote, digital

**Commitment (hours/week):** 3-4 hours/week Monday to Friday plus monthly supervision

The Winston's Wish Bereavement Services Team offer advice, bereavement support and bereavement counselling to children and young people affected by the death of someone important to them as well as advice and support to the family members, carers, friends or professionals involved in their lives. We work with children and young people remotely through telephone and digital platforms.

We are offering placement opportunities for trainee volunteer counsellors, therapists or psychologists. As a placement volunteer, you will be afforded the opportunity to deliver support to children and young people (up to the age of 25) as well as to their parents and professionals through our immediate support digital services (Helpline, ASK email, Live Chat) or via our direct digital one-to-one counselling service. In person counselling/support opportunities may be available for some of our trainees based on their location. You may also have opportunities to facilitate a variety of groups designed to support the needs of bereaved children and young people and those important to them.

Our placements are for a minimum of 3 - 4 hours per week for at least 12 months. All placement volunteers must also attend mandatory monthly group supervision (2 hours) which will take place during office hours or in the evening and will be provided by Winston's Wish.

We ask that you are in at least the second year of your training with a BACP or UKCP accredited programme with prior experience of delivering support directly to children, young people and or families in either bereavement or mental health issues.

Please note this placement is offering online counselling, no face-to-face opportunities are currently available.

## Required skills, experience and competencies

- Training through a BACP or UKCP accredited programme
- Second year training at minimum, foundations completed
- Prior experience of delivering support/counselling to clients
- Prior experience of working with bereavement and/or mental health issues
- Prior experience of working directly with children, young people and/or families
- Excellent documentation and a commitment to the use of outcome measures in clinical practice
- Accountability for ensuring that own practice meets minimum national standards and is compliant with professional Code of Conduct and Code of Ethics

- Ability to practice in accordance with relevant legislation involving Safeguarding Children and Young People, Safeguarding Adults and the Mental Capacity Act
- Understanding of the importance of working within organisational policies and protocols
- Excellent interpersonal skills
- Good IT skills that will enable competent use of the electronic record system
- Well organised, enthusiastic and self-motivated
- Trustworthy and reliable
- Understanding of the boundaries within the role

## What can we offer you?

- An opportunity to develop new and existing skills and to enhance your understanding of the needs of bereaved children and young people
- We will work with you to ensure that your placement with Winston's Wish helps meet the requirements of your training programme
- An induction to Winston's Wish, plus an induction to the Bereavement Service Team including policies and procedures
- Regular opportunities to attend trainings and workshops
- Supervision (in-house) by a qualified and experienced member of staff, registered with appropriate governing body such as UKCP, BACP and/or HCPC

## How to apply

Please complete the application form that can be found on the Winston's Wish website <a href="https://www.winstonswish.org/getinvolved/volunteering/">https://www.winstonswish.org/getinvolved/volunteering/</a>. For more information please contact <a href="mailto:volunteer@winstonswish.org">volunteer@winstonswish.org</a>.