

**WINSTON'S**  
**WISH** **WW**

Giving hope to grieving children



# Wear Wellies Day

Make a splash to raise some cash

**FUNDRAISING GUIDE**

#WearWelliesDay



# ABOUT WINSTON'S WISH

For over 30 years Winston's Wish has been helping children and young people whose worlds have been turned upside down by grief find hope for a brighter future.

Unlike adults, who stay with their grief, children often jump in and out of their grief. We describe this journey as 'puddle jumping'. This means that they may initially be upset about their loss but may then appear to be fine for a period of time and then become upset again, and so on. This can be very confusing both for children and the adults who care for them.

Conversations can allow children to express their emotions; be it sadness, anger, joy or fear. By opening up these important conversations about death we can allow children who are grieving to 'puddle jump' while understanding their mixed emotions.

Watch our short puddle jumping explainer video at [winstonswish.org/wear-wellies-day/](https://winstonswish.org/wear-wellies-day/)

That's why we're so grateful to you for joining us this Wear Wellies Day! By making a splash to raise some cash you will help to give hope to grieving children and for that we can't say thank you enough!

We hope you have a fantastic day of fundraising!

If there's anything we can do to help or you'd like any additional copies of the materials, please do contact our fundraising team on **01242 515 157** or email [community@winstonswish.org](mailto:community@winstonswish.org)

*Thank you!*



# Wear Wellies Day

*Make a splash to raise some cash*

# JOIN THE WEAR WELLIES FUN

Let's get started! To begin, ask your friends, family and colleagues to join in the fun by donating **£2 each to wear their wellies for the day**. Strut your stuff around school or turn the boardroom into a catwalk, the brighter the wellies the better!

Then, why not try one of our welly-themed fundraising activities to help top up your totals:

**All of a muddle fundraising quiz** – Print out the enclosed quiz sheet and charge £1 to enter. Consider asking friends or local businesses to donate prizes.

**Aim for the puddle welly wanging competition** – Pay £1 to play. The person to throw a wellington boot the furthest, wins! Why not make it more challenging by filling the welly with water!

**Make a splash, sponge your teacher or boss** – Donate to throw a water soaked sponge at your teacher or boss.

**Welly boot baking** – Bake a selection of Welly Boot Biscuits, then sell them at a bake sale.

## WHERE YOUR MONEY GOES

Every penny raised will go towards funding our vital services for bereaved children and young people across the country.

Whatever you are able to raise, you help us to give hope to grieving children.

**£14** - could provide two children with a copy of 'Muddles, Puddles and Sunshine' - a book that aims to help children make sense of their experience by reflecting on the different aspects of their grief.

**£48** - could provide three children with a memory box that can be used to store treasured objects, helping them to remember their loved one in a way that is personal to them.

**£100** - could fund six live chat sessions with our bereavement support workers, giving young people the opportunity to share their feelings and find ways to cope.



# HOW TO PAY IN YOUR FUNDRAISING

You did it! Thank you for joining us for a day of fundraising fun, we hope you had a great time! The sooner you're able to get your fundraised monies to us, the sooner we can put it to good use. Here's how to pay it in:

## ON OUR WEBSITE

Pay in your fundraising online at [winstonswish.org/donate-online](https://winstonswish.org/donate-online) – don't forget to tell us this is money from your Wear Wellies Day!

## BY POST

Please make cheques payable to Winston's Wish. Post to **Winston's Wish, Conway House, 31-33 Worcester St, Gloucester, GL1 3AJ.**

Please include in your envelope a note to say it is for taking part in Wear Wellies Day.

## OVER THE PHONE

You can pay in using your debit or credit card by calling our fundraising team on **01242 515 157**. Lines are open Monday-Friday, 9am to 5pm.

## DIRECTLY INTO THE BANK

You can deposit your fundraising directly into our account using our bank details. For our bank details, please contact our fundraising team on **01242 515 157** or email [community@winstonswish.org](mailto:community@winstonswish.org)

#WearWelliesDay

**Helpline: 08088 020 021**  
**winstonswish.org**



Name: \_\_\_\_\_

Date: \_\_\_\_\_



# ALL OF A MUDDLE QUIZ



## MUSIC & FILM

1. Who had a hit in 1984 with the song 'Here Comes the Rain Again'?

\_\_\_\_\_

2. 'The Rain in Spain' comes from which film?

\_\_\_\_\_

3. 'In the 2014 & 2019 Paddington films starring Hugh Bonneville & Peter Capaldi, what colour wellies does Paddington wear?

\_\_\_\_\_

4. Which British celebrity owned the very first stuffed Paddington Bear?

\_\_\_\_\_

5. What year did Rhianna release 'Umbrella'?

\_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_



# ALL OF A MUDDLE QUIZ



## HISTORY

6. In ancient Egypt, the annual flooding of the Nile River was crucial for?

1. Fishing    2. Agriculture    3. Mining

\_\_\_\_\_

7. A "wet, ungenial summer" kept a group of friends indoors, prompting a competition to see which of them could write the scariest story. Which novel was the result?

\_\_\_\_\_

8. Arthur Wellesley was a British General who came to prominence during the Peninsular War. By what name is he better known?

\_\_\_\_\_

9. According to the Anglo-Saxon Chronicle, a 9th Century historical account, what rained down on Britain in the year 685?

1. Wine    2. Blood    3. Locusts

\_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_



# ALL OF A MUDDLE QUIZ



## GEOGRAPHY

10. With an average of 170 inches of rain per year, Styhead Tarn is officially the wettest place in Britain. In which English county is it to be found?

\_\_\_\_\_

11. Which place holds the record for the most consecutive days with measurable rain (at least 0.01 inches (0.25 mm) of rainfall) with 331 days?

1. Oahu, Hawaii
2. Commerson, Réunion
3. Cherrapunji, Meghalaya, India

\_\_\_\_\_

## SCIENCE

12. By what collective name are rain, snow, hail and sleet known?

\_\_\_\_\_

13. What word is used to describe "the pleasant smell of rain"?

1. Rain trails
2. Yilaster
3. Petrichor

\_\_\_\_\_



Name: \_\_\_\_\_

Date: \_\_\_\_\_



# ALL OF A MUDDLE QUIZ



## SPORT

14. The first world record welly wanging throw recognised by Guinness World Records was set by Tony Rodgers in Wiltshire, UK, in 1978, using a size 8 Dunlop "Challenger" boot. How far did he throw it?

1. 40.87 metres (134.1 ft)
2. 52.73 metres (173.0 ft)
3. 63.98 metres (209.9 ft)

\_\_\_\_\_

15. The current welly-wanging world records for men and women were both set in 1996 by individuals from which country?

\_\_\_\_\_

## ALL OF A MUDDLE

Un-muddle these famous wellie-wearers and wellie-wearing locations!

16. KDEU FO LINTWOGLNE \_\_\_\_\_

17. TKAE SMSO \_\_\_\_\_

18. OLUBATRNGSY \_\_\_\_\_

19. APPPE GIP \_\_\_\_\_

20. IGKN ESCRALH III \_\_\_\_\_



# WEAR WELLIES WORDSEARCH



CLOUDS  
STORM  
WELLIES  
RAINDROPS  
RAINBOW  
UMBRELLA  
SPLASH  
PUDDLE  
RAINCOAT  
LIGHTNING  
DRIZZLE  
THUNDER



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## FUNDRAISING IDEAS

Or have an afternoon of welly-themed sports, you could give welly sprints a go around your carpark/local park, welly wanging (throwing), welly relay (pass on a welly, or a welly filled with water!!)

- 1 HAVE A COMPANY OR DEPARTMENT WELLY WANGING COMPETITION
- 2 DO A SPONSORED THREE-LEGGED WELLY RACE
- 3 GET OUTSIDE AND DO A TEAM WELLY WALK
- 4 HOW FAR CAN YOU WALK IN YOUR WELLIES?
- 5 WEAR WELLIES TO WORK DAY (FEBRUARY 29TH)
- 6 DECORATE YOUR WELLY COMPETITION
- 7 WHOSE WELLIES ARE THESE COMPETITION?
- 8 DO A GROUP WELLY WALK WITH YOUR DOGS
- 9 MOST CREATIVE USE OF A WELLY COMPETITION
- 10 SEW A SEED IN AN OLD WELLY

