

WINSTON'S
WISH **WW**

Giving hope to grieving children



Wear Wellies Day

Make a splash to raise some cash

FUNDRAISING GUIDE

#WearWelliesDay



ABOUT WINSTON'S WISH

For over 30 years Winston's Wish has been helping children and young people whose worlds have been turned upside down by grief find hope for a brighter future.

Unlike adults, who stay with their grief, children often jump in and out of their grief. We describe this journey as 'puddle jumping'. This means that they may initially be upset about their loss but may then appear to be fine for a period of time and then become upset again, and so on. This can be very confusing both for children and the adults who care for them.

Conversations can allow children to express their emotions; be it sadness, anger, joy or fear. By opening up these important conversations about death we can allow children who are grieving to 'puddle jump' while understanding their mixed emotions.

Watch our short puddle jumping explainer video at winstonswish.org/wear-wellies-day/

That's why we're so grateful to you for joining us this Wear Wellies Day! By making a splash to raise some cash you will help to give hope to grieving children and for that we can't say thank you enough!

We hope you have a fantastic day of fundraising!

If there's anything we can do to help or you'd like any additional copies of the materials, please do contact our fundraising team on **01242 515 157** or email community@winstonswish.org

Thank you!



Wear Wellies Day

Make a splash to raise some cash

JOIN THE WEAR WELLIES FUN

Let's get started! To begin, ask your friends, family and colleagues to join in the fun by donating **£2 each to wear their wellies for the day**. Strut your stuff around school or turn the boardroom into a catwalk, the brighter the wellies the better!

Then, why not try one of our welly-themed fundraising activities to help top up your totals:

All of a muddle fundraising quiz – Print out the enclosed quiz sheet and charge £1 to enter. Consider asking friends or local businesses to donate prizes.

Aim for the puddle welly wanging competition – Pay £1 to play. The person to throw a wellington boot the furthest, wins! Why not make it more challenging by filling the welly with water!

Make a splash, sponge your teacher or boss – Donate to throw a water soaked sponge at your teacher or boss.

Welly boot baking – Bake a selection of Welly Boot Biscuits, then sell them at a bake sale.

WHERE YOUR MONEY GOES

Every penny raised will go towards funding our vital services for bereaved children and young people across the country.

Whatever you are able to raise, you help us to give hope to grieving children.

£14 - could provide two children with a copy of 'Muddles, Puddles and Sunshine' - a book that aims to help children make sense of their experience by reflecting on the different aspects of their grief.

£48 - could provide three children with a memory box that can be used to store treasured objects, helping them to remember their loved one in a way that is personal to them.

£100 - could fund six live chat sessions with our bereavement support workers, giving young people the opportunity to share their feelings and find ways to cope.



HOW TO PAY IN YOUR FUNDRAISING

You did it! Thank you for joining us for a day of fundraising fun, we hope you had a great time! The sooner you're able to get your fundraised monies to us, the sooner we can put it to good use. Here's how to pay it in:

ON OUR WEBSITE

Pay in your fundraising online at **winstonswish.org/donate-online** – don't forget to tell us this is money from your Wear Wellies Day!

BY POST

Please make cheques payable to Winston's Wish. Post to **Winston's Wish, Conway House, 31-33 Worcester St, Gloucester, GL1 3AJ.**

Please include in your envelope a note to say it is for taking part in Wear Wellies Day.

OVER THE PHONE

You can pay in using your debit or credit card by calling our fundraising team on **01242 515 157**. Lines are open Monday-Friday, 9am to 5pm.

DIRECTLY INTO THE BANK

You can deposit your fundraising directly into our account using our bank details. For our bank details, please contact our fundraising team on **01242 515 157** or email **community@winstonswish.org**

#WearWelliesDay

Helpline: 08088 020 021
winstonswish.org



Name: _____

Date: _____

WEAR WELLIES QUIZ



Answer the following Wear Wellies Day Quiz questions.

- 1 Fill in the missing word.

Dr Foster went to Gloucester in a shower of rain. He stepped in a _____ right up to his middle and never went there again.

- 2 Fill in the missing word.

It's raining, it's _____, The old man is snoring.



- 3 Fill in the missing word.

Incy Wincy spider climbed up the waterspout, down came the _____ and washed the spider out.



- 4 Unscramble the following weather words:

1. inar _____

2. isnehuns _____

3. owns _____

4. wnid _____

- 5 When it is very cold, what does rain fall as?

TURN OVER FOR THE WEAR WELLIES WORD SEARCH

WEAR WELLIES WORDSEARCH



R	Z	C	A	I	S	I	R	N	I	L	R	E	L
Z	W	L	D	R	D	U	R	D	I	M	O	L	L
W	N	O	U	P	H	S	A	L	P	S	D	Z	Z
E	A	U	H	P	B	L	A	N	W	A	I	D	I
L	E	D	R	D	B	M	R	A	I	N	B	O	W
L	C	S	R	E	D	N	U	H	T	H	L	U	R
I	A	I	U	R	Z	A	W	S	E	L	N	S	A
E	R	L	L	D	D	S	U	S	O	O	M	T	I
S	S	I	T	D	R	I	Z	Z	L	E	S	O	N
C	A	D	R	I	E	D	D	A	H	R	P	R	C
A	N	I	S	P	O	R	D	N	I	A	R	M	O
C	G	N	I	N	T	H	G	I	L	E	C	T	A
R	I	H	P	Z	C	S	R	W	D	D	S	M	T
E	L	D	D	U	P	U	M	B	R	E	L	L	A

CLOUDS
STORM
WELLIES
RAINDROPS
RAINBOW
UMBRELLA
SPLASH
PUDDLE
RAINCOAT
LIGHTNING
DRIZZLE
THUNDER



WINSTON'S
WISH **WV**

Giving hope to grieving children

TURN PUDDLES INTO PLAYGROUNDS



**Wear
Wellies
Day**

Make a splash to raise some cash

UNTIL 31.3.24

**GET THE WHOLE SCHOOL TO
MAKE A SPLASH AND RAISE
SOME CASH FOR BEREAVED
CHILDREN AND YOUNG PEOPLE.**

**WINSTON'S
WISH W&W**

Giving hope to grieving children

WINSTONSWISH.ORG/WEARWELLIESDAY

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