

## SUPPORTAGE BEREAVED YOUNG PEOPLE

Winston's Wish helps children, young people and the adults supporting them to rebuild their lives after the death of someone important, enabling them to face the future with confidence and hope.

Our range of services include:

FREEPHONE NATIONAL HELPLINE - Open 8am-8pm

**EMAIL SUPPORT** – ask@winstonswish.org

ONLINE CHAT SERVICE – winstonswish.org. Open 8am-8pm

**INDIVIDUAL, FAMILY AND GROUP WORK** 

**SPECIALIST PUBLICATIONS AND RESOURCES** 

TRAINING AND CONSULTANCY FOR PROFESSIONALS

Helpline: 08088 020 021

winstonswish.org

For guidance on how to support a bereaved young person call freephone

08088 020 021

Talk Grief

is a dedicated online space GRIEF for grieving The Youth-Led Grief Network teenagers and young adults (ages 13 to 25). Here they can talk to be reavement professionals, hear from other

they grieve. talkgrief.org

young people, and share how

